

Lorena Primary School

October 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of fat-free chocolate or 1% white milk served daily with breakfast & lunch	Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.		1. Eggs, Sausage, Toast, Juice 1. Soft Taco or 2. Ham & Cheese Sandwich Broccoli – Fresh Carrots Fruit	2. Breakfast Bagel Pizza, juice 1. Pizza or 2. PB & J Corn - Salad Fruit - Cookie
5. Pancake, Sausage, Juice 1. Fish Nuggets or 2. Chicken Nuggets Potato Wedges Vegetable Blend - Fruit	6. Cereal, Toast, Juice 1. Crispito or 2. Burrito Ranch Beans – Salad - Fruit	7. Sausage Biscuit, Juice 1. Chicken & Noodles or 2. Yogurt & Grilled Cheese Green Beans - Carrots - Fruit	8. Breakfast Burrito, Juice 1. Chili w/beans, Crackers or 2. Pizza Pocket Corn - Fresh Carrots - Fruit	9. Muffins, Cheese Toast, Juice 1. Hamburger or 2. Corn Dog Fries - Salad w/pickles Fruit
12. No School	13. Cereal, Toast, Juice 1. Chicken Nuggets or 2. Steak Fingers Cheezy Potatoes Green Beans, Fruit Wheat Bread	14. Breakfast Pizza, Toast, Juice 1. Sloppy Joes or 2. Ham & Cheese Sandwich Baked Beans – Pickles Fruit	15. Sausage/Pancake on Stick, Juice 1. Mac & Cheese w/ham or 2. Hot Dog Black eyed Peas, Salad Fruit	16. Cinnamon Tastries, Sausage Patty, Juice 1. Pizza or 2. PB & J Corn - Salad - Fruit Cookie
19. Waffles, Syrup, Sausage, Juice 1. Cool Deli Wrap or 2. PB & J Fresh Carrots Broccoli - Fruit - Cookie	20. Cereal, Toast, Juice 1. Salisbury Steak or 2. Chicken Patty Mashed Potatoes, Gravy Green Beans – Fruit - Roll	21. Chicken Biscuit, Juice 1. Chicken Quesadilla, or 2. Yogurt & Grilled Cheese Pinto Beans – Salad Fruit	22. Eggs, Sausage, Toast, Juice 1. Beanie Weenies or 2. Macaroni & Cheese Spinach – Peas Fruit - Bread	23. Breakfast Bagel Pizza, Juice 1. Hamburger or 2. Corn dog Fries - Salad w/pickles Fruit
26. Pancake, Sausage, Juice 1. Chicken Patty on Bun or 2. Fish Sandwich Cheezy Potatoes Green Peas - Fruit	27. Cereal, Toast, Juice 1. Corn Dog or 2. Grilled Cheese Tater Tots Mixed Vegetables - Fruit	28. Sausage Biscuit Juice 1. Spaghetti w/meat sauce & Garlic Toast or 2. Ham & Cheese Sandwich Broccoli – Salad Fruit	29. Breakfast Burrito, Juice 1. Chicken Taco or 2. Yogurt & Grilled Cheese Pinto Beans - Salad Fruit - Graham Crackers	30. Muffins, Cheese Toast, Juice 1. Pizza or 2. PB & J Corn – Salad – Fruit Cookie

Menu subject to change with out notice.