

# Lorena Primary School

## January 2010

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>4.</b> <i>Waffles, syrup, Sausage, Juice</i> <b>1. Mini Sub or</b> <b>2. Hot Dog</b> Salad w/pickles - Squash Fruit - Gold Fish Crackers	<b>5.</b> <i>Cereal, Toast, Juice</i> <b>1. Steak Fingers or</b> <b>2. Chicken Nuggets</b> Mashed Potatoes, Gravy Green Beans – Fruit – Bread	<b>6.</b> <i>Chicken Biscuit, Juice</i> <b>1. Macaroni &amp; Meat, Bread or</b> <b>2. Ham &amp; Cheese Sandwich</b> Broccoli, Fresh Carrots Fruit	<b>7.</b> <i>Eggs, Sausage, Toast, Juice</i> <b>1. Corn Dog or</b> <b>2. Yogurt &amp; Grilled Cheese</b> Baked Beans - Spinach Fruit – Graham Crackers	<b>8.</b> <i>Breakfast Bagel Pizza, juice</i> <b>1. Pizza or</b> <b>2. P B &amp; J</b> Corn – Salad – Fruit Cookie
<b>11.</b> <i>Pancake, Sausage, Juice</i> <b>1. Fish Nuggets or</b> <b>2. Chicken Nuggets</b> Potato Wedges Vegetable Blend - Fruit	<b>12.</b> <i>Cereal, Toast, Juice</i> <b>1. Crispito or</b> <b>2. Burrito</b> Ranch Beans - Salad Fruit	<b>13.</b> <i>Sausage Biscuit, Juice</i> <b>1. Chicken &amp; Noodles or</b> <b>2. Yogurt &amp; Grilled Cheese</b> Green Peas - Carrots Fruit	<b>14.</b> <i>Breakfast Burrito, Juice</i> <b>1. Chili w/Beans, Crackers or</b> <b>2. Pizza Pocket</b> Corn – Fresh Carrots Fruit	<b>15.</b> <i>Muffins, Cheese Toast, Juice</i> <b>1. Hamburger or</b> <b>2. Corn Dog</b> Fries – Salad w/pickles Fruit
<b>18.</b>  No School	<b>19.</b> <i>Cereal, Toast, Juice</i> <b>1. Chicken Nuggets or</b> <b>2. Steak Fingers</b> Cheezy Potatoes, Green Beans, Fruit Wheat Bread	<b>20.</b> <i>Breakfast Pizza, Toast, Juice</i> <b>1. Sloppy Joes or</b> <b>2. Ham &amp; Cheese Sandwich</b> Baked Beans, Pickles Fruit	<b>21.</b> <i>Sausage/Pancake on Stick, Juice</i> <b>1. Mac &amp; Cheese w/ham or</b> <b>2. Hot Dog</b> Black-eyed peas Spinach - Fruit	<b>22.</b> <i>Cinnamon Tastries, Sausage Patty, Juice</i> <b>1. Pizza or</b> <b>2. P B &amp; J</b> Corn - Salad - Fruit Cookie
<b>25.</b> <i>Waffles, syrup, Sausage, Juice</i> <b>1. Cool Deli Wrap or</b> <b>2. PB &amp; J</b> Fresh Carrots Broccoli – Fruit - Cookie	<b>26.</b> <i>Cereal, Toast, Juice</i> <b>1. Salisbury Steak or</b> <b>2. Chicken Patty</b> Mashed Potatoes, gravy Green Beans – Fruit - Roll	<b>27.</b> <i>Chicken Biscuit, Juice</i> <b>1. Chicken Quesdilla or</b> <b>2. Yogurt &amp; Grilled Cheese</b> Pinto Beans - Salad Fruit	<b>28.</b> <i>Eggs, Sausage, Toast, Juice</i> <b>1. Beanie Weenies or</b> <b>2. Macaroni &amp; Cheese</b> Popeye Salad - Corn Fruit - Bread	<b>29.</b> <i>Breakfast Bagel Pizza, Juice</i> <b>1. Hamburger or</b> <b>2. Corn Dog</b> Salad w/pickles - Fries Fruit
			Choice of fat-free chocolate or 1% white milk served daily with breakfast & lunch	Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.

Menu subject to change with out notice.