

Lorena Middle School

October 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of .5% chocolate or 1% white milk served daily with breakfast & lunch	Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.		1. Chicken Biscuit w/ cheese or cereal & toast, Juice Taco Bowl Salad (meat & cheese) Lettuce & Tomato – Pinto Beans – Fruit - Crackers	2. Waffles & Sausage, Syrup Juice Cheeseburger Lettuce-Tomato-Pickles Fries - Fruit
5. Breakfast Bar or Cereal, Toast Meatball Sub Tater Tots – Baked Beans Fruit - Crackers	6. Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Corn Salad - Fruit - Crackers	7. Pancake & sausage, Syrup Juice Chicken Nuggets Scalloped Potatoes California Vegetables - Fruit Bread	8. Muffin or Cereal Toast, Juice Nachos w/taco meat & cheese or Queso & Nachos Chili Beans - Salad - Fruit Crackers	9. Breakfast Pizza or Cereal, Toast, Juice Chicken Patty on Bun Baked Waffle Fries Lettuce/Tomato/Pickle Fruit
12. Sausage Kolache or Cereal, Toast Juice Corn Dog Mixed Vegetables – Salad Macaroni & Cheese - Fruit	13. Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Corn – Salad - Fruit	14. Pancake on Stick or Cereal, Syrup, Juice Salisbury Steak Mashed Potatoes & Gravy Green Beans – Fruit Hot Roll	15. Breakfast Burrito or Cereal Toast, Juice Italian Spaghetti Sweet Peas – Salad Fruit – Garlic Toast	16. Cinnamon Roll or Cereal Toast, Juice Cheeseburger Oven Fries Lettuce-Tomato-Pickles Fruit
19. Waffles & Sausage, Syrup, Juice Chicken Nuggets Mashed Potatoes & Gravy Green Beans – Fruit - Bread	20 Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Garden Vegetables Salad – Fruit Crackers	21. Hash brown or Cereal, Toast, Juice Steak Fingers Potato Wedges Broccoli (w/cheese sauce) Fruit - Bread	22. Breakfast Pizza or Cereal Toast, Juice Tacos w/meat & cheese Lettuce & Tomato Pinto Beans – Fruit Crackers	23. Chicken Biscuit or Cereal, Toast, Juice Spicy Chicken Sandwich Lettuce/Tomato/Pickles Fries - Fruit
26. Muffin or Cereal, Toast, Juice BBQ on Bun Pickles – Tater Tots Baked Beans - Fruit	27 Scrambled Eggs, Sausage Biscuit, Gravy, Juice Pizza Corn – Salad – Fruit Crackers	28. Pancake & Sausage, Syrup, Juice Chalupa w/ Taco meat & cheese Refried Beans – Salad Fruit - Crackers	29. Cinnamon Roll or Cereal, Toast, Juice Fish Strips or Chicken Nuggets Potato Wedges – Cole Slaw Fruit - Crackers	30. Breakfast Bar or Cereal, Toast, Juice Cheeseburger Lettuce/Tomato/Pickles Fries - Fruit

Menu subject to change with out notice.