

Lorena High School January 2010

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| <p>4. <i>Muffin or Cereal, Toast, Juice</i></p> <p style="text-align: center;">Chicken Nuggets Mashed Potatoes, Gravy California Vegetables – Fruit Bread</p> | <p>5. <i>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</i></p> <p style="text-align: center;">Meatball Sub Tater Tots – Baked Beans Fruit - Crackers</p> | <p>6. <i>Breakfast Burrito or Cereal, Toast</i></p> <p style="text-align: center;">Nachos w/taco Meat & Cheese or Queso Chili Beans – Salad Fruit - Crackers</p> | <p>7. <i>Hash brown or Cereal, Juice</i></p> <p style="text-align: center;">Pizza Corn – Salad – Fruit Crackers</p> | <p>8. <i>Waffles & Sausage, Syrup, Juice</i></p> <p style="text-align: center;">Corn Dog Sweet Peas – Baby Carrots Fruit</p> |
| <p>11. <i>Breakfast Bar or Cereal, Toast, Juice</i></p> <p style="text-align: center;">Chicken Patty on Bun Lettuce/Tomato/Pickles Waffle Fries - Fruit</p> | <p>12. <i>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</i></p> <p style="text-align: center;">Pizza Corn – Salad - Fruit</p> | <p>13. <i>Pancake & Sausage, Syrup, Juice</i></p> <p style="text-align: center;">Salisbury Steak Mashed Potatoes, Gravy Green Beans – Hot Roll Fruit</p> | <p>14. <i>Muffin or Cereal, Juice</i></p> <p style="text-align: center;">Italian Spaghetti Sweet Peas – Salad Fruit – Garlic Toast</p> | <p>15. <i>Breakfast Pizza or Cereal, Juice</i></p> <p style="text-align: center;">Ham & Cheese Sandwich Baby Carrots - Chips Fruit</p> |
| <p style="text-align: center;">18.</p> <p style="text-align: center;">No School</p> | <p>19. <i>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</i></p> <p style="text-align: center;">Pizza Garden Vegetables – Salad Fruit - Crackers</p> | <p>20. <i>Pancake on Stick or Cereal, Toast, Juice</i></p> <p style="text-align: center;">Mac & Meat Peas - Salad Fruit - Bread</p> | <p>21. <i>Breakfast Burrito or Cereal, Toast, Juice</i></p> <p style="text-align: center;">Tacos w/meat & cheese Lettuce & Tomato Pinto Beans Fruit - Crackers</p> | <p>22. <i>Cinnamon Roll or Cereal, Toast, Juice</i></p> <p style="text-align: center;">Spicy Chicken Sandwich Lettuce/Tomato/Pickle Fries - Fruit</p> |
| <p>25. <i>Waffles, syrup, Sausage, Juice</i></p> <p style="text-align: center;">BBQ on Bun Pickles – Tater Tots Baked Beans - Fruit</p> | <p>26. <i>Scrambled Eggs, Sausage, Biscuit, Gravy, Juice</i></p> <p style="text-align: center;">Pizza Corn – Salad - Fruit</p> | <p>27. <i>Hash brown or Cereal, Toast, Juice</i></p> <p style="text-align: center;">Chalupa w/taco meat & cheese Refried Beans - Salad Fruit - Crackers</p> | <p>28. <i>Breakfast Pizza or Cereal, Toast, Juice</i></p> <p style="text-align: center;">Chicken Nuggets Mashed Potatoes, Gravy Green Beans Fruit - Bread</p> | <p>29. <i>Chicken Biscuit, Toast, Juice</i></p> <p style="text-align: center;">Cheese Burger Lettuce/Tomato/Pickles Fries - Fruit</p> |
| <p style="text-align: center;">Alternate meals served daily on the Snack Bar</p> | | | <p style="text-align: center;">Choice of fat-free chocolate or 1% white milk served daily with breakfast & lunch</p> | <p>Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.</p> |

Menu subject to change with out notice.