

Lorena Elementary School

September 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of .5% chocolate or 1% white milk served daily with breakfast & lunch	1. Cereal or Yogurt, Toast Juice Sloppy Joe Potato Wedges, Ranch Style Beans, Peaches	2. Cheese or Cinnamon Toast, Sausage Link, Juice Steak Fingers Mashed Potatoes w/gravy, Romaine Salad, Mixed Fruit Whole Wheat Bread	3. Breakfast Bar Juice Chicken Stir Fry Vegetable Rice Medley Baked Apples Graham Crackers	4. Honey bun Juice Hamburger or Cheeseburger Lettuce/Tomato/Pickles Fries, Fresh Orange Half
7. Labor Day	8. Breakfast Pizza or Yogurt & Toast, Juice Macaroni & Cheese Peas, Baby Carrots, Raisins, Graham Crackers	9. Sausage Patty, Egg, Biscuit, Juice Crispito w/refried beans Broccoli w/cheese Romaine Salad, Peach cutie pie	10. Eggs, Sausage, Toast, Juice Frito Pie, cheese Ranch Style Beans, Romaine Salad, Fresh Orange Half	11. Muffins, Juice Pizza Corn, Tossed Salad, Pineapple Cookie
14. Ham & Cheese Biscuit, Juice Chicken Nuggets Seasoned Diced Potatoes Broccoli & Cheese WW Bread, Applesauce	15. Cereal or Yogurt, Toast, Juice Chalupa Cheese, Refried Beans Lettuce & Tomato Cup Graham Crackers, Mandarin Oranges	16. Scrambled Eggs, Sliced Ham Juice Chicken Fried Steak Mashed Potatoes, Gravy Glazed Carrots, Peaches Whole Wheat Roll	17. Chicken Biscuit w/cheese, Juice Italian Spaghetti Popeye Salad, Green Beans, Whole Wheat Bread Fruit Bar	18. Pop tarts, Juice Hamburger or Cheeseburger Lettuce/Tomato/Pickles Fries, Banana
21. Cereal or Yogurt, Toast, Juice Ravioli Romaine Salad, Green Beans, Mandarin Oranges, Whole Wheat Bread	22. Biscuits w/Gravy, Sausage, Juice Salisbury Steak Mashed Potatoes w/gravy Peas, Peaches, Wheat Roll	23. Cheese or Cinnamon Toast, & Sausage Link or Yogurt, Juice BBQ Rib Sandwich Baked Beans, Cole Slaw Banana	24. Omelet, Juice Swedish Meatballs w/egg noodles Broccoli, Baby Carrots Cinnamon Apples	25. Cinnamon Toasty, Juice Pizza Romaine Salad, Corn Fruit Bar, Cookie
28. Breakfast Bar or Yogurt, Toast, Juice Chicken on Bun Pickles, Popeye Salad Green Beans, Peach Cutie Pie	29. Cereal or Yogurt, Toast, Juice Taco Salad w/cheese Lettuce & Tomato Black Beans, Pears	30. Ham & Cheese Biscuit, Juice Deli Sub Pickle Spear Baby Carrots, Banana Graham Crackers	Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.	
Menu subject to change w/o notice				