

# Lorena Elementary School

## January 2010

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>4.</b> <i>Pancakes, Waffles or French Toast, syrup, Sausage, Juice</i></p> <p><b>Hamburger or Cheeseburger</b> Lettuce/Tomato/Pickles Fries – Fresh Orange Half</p>	<p><b>5.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Sloppy Joe</b> Potato Wedges, Broccoli Baked Apples Graham Crackers</p>	<p><b>6.</b> <i>Cheese or Cinnamon Toast, Sausage Link, Juice</i></p> <p style="text-align: center;"><b>Steak Fingers</b> Mashed Potatoes, gravy Romaine Salad, Mixed Fruit Whole Wheat Bread</p>	<p><b>7.</b> <i>Breakfast Bar or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Pizza</b> Corn – Salad - Peaches</p>	<p><b>8.</b> <i>Honey Bun, Juice</i></p> <p style="text-align: center;"><b>WW Mini Corn Dog</b> Baby Carrots Ranch Style Beans Fruit Bar</p>
<p><b>11.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Fish Nuggets</b> Fries – Cole Slaw Peaches - Hushpuppies</p>	<p><b>12.</b> <i>Breakfast Pizza or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Macaroni &amp; Cheese</b> Peas – Baby Carrots Raisins, Graham Crackers</p>	<p><b>13.</b> <i>Breakfast Taco, Sausage Link, Eggs, Cheese, Juice</i></p> <p style="text-align: center;"><b>Crispito w/refried beans</b> Broccoli w/cheese Salad – Apple Cutie Pie</p>	<p><b>14.</b> <i>Sausage Patty, Egg, Biscuit, Juice</i></p> <p style="text-align: center;"><b>Frito Pie, cheese</b> Ranch Style Beans Romaine Salad – Crackers Fresh Orange Half</p>	<p><b>15.</b> <i>Muffins, Juice</i></p> <p style="text-align: center;"><b>Pizza</b> Corn – Tossed Salad Pineapple Cookie</p>
<p><b>18.</b></p> <p style="text-align: center;">No School</p>	<p><b>19.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Chalupa</b> Cheese, Refried Beans Romaine &amp; Tomato Cup Graham Crackers Mandarin Oranges</p>	<p><b>20.</b> <i>Scrambled Eggs, Sliced Ham, Toast, Juice</i></p> <p style="text-align: center;"><b>Chicken Fried Steak</b> Mashed Potatoes, Gravy Glazed Carrots, Peaches Whole Wheat Roll</p>	<p><b>21.</b> <i>Chicken Biscuit w/cheese, Juice</i></p> <p style="text-align: center;"><b>Italian Spaghetti</b> Popeye Salad – Green Beans – Fruit Bar Whole Wheat Bread</p>	<p><b>22.</b> <i>Pop tart, Juice</i></p> <p style="text-align: center;"><b>Hamburger or Cheeseburger</b> Lettuce/Tomato/Pickles Fries Banana</p>
<p><b>25.</b> <i>Cereal or Yogurt, Toast, Juice</i></p> <p style="text-align: center;"><b>Ravioli</b> Romaine Salad – Green Beans Mandarin Oranges Whole Wheat Bread</p>	<p><b>26.</b> <i>Biscuits w/gravy, Sausage, Juice</i></p> <p style="text-align: center;"><b>Salisbury Steak</b> Mashed Potatoes w/gravy Broccoli – Peaches Whole Wheat Roll</p>	<p><b>27.</b> <i>Cheese or Cinnamon Toast &amp; Sausage Link or Yogurt &amp; Toast, Juice</i></p> <p style="text-align: center;"><b>B.B.Q. Rib Sandwich</b> Baked Beans – Cole Slaw Banana</p>	<p><b>28.</b> <i>Omelet, Juice</i></p> <p style="text-align: center;"><b>Swedish Meatballs w/egg noodles</b> Peas – Baby Carrots Cinnamon Apples</p>	<p><b>29.</b> <i>Cinnamon Toasty, Juice</i></p> <p style="text-align: center;"><b>Pizza</b> Corn – Romaine Salad Fruit Bar Cookie</p>
	<p><b>Alternate entrée offered daily:</b></p> <p><i>Monday: Cracker Stacker</i> <i>Tuesday: Hot Pocket</i> <i>Wednesday: Mini Chef Salad</i> <i>Thur: Ham &amp; Cheese Sandwich</i> <i>Friday: Loaded Baked Potato</i></p>		<p>Choice of fat-free chocolate or 1% white milk served daily with breakfast &amp; lunch</p>	<p>Applications for Free/Reduced price school meals may be submitted any time during the school year. You pay pick an application up at the school office or the Administration building.</p>

**Menu subject to change with out notice.**